



WOLVERHAMPTON OVER 50s FORUM
Secretary: Mr. Roy Russell MBE
196 Warstones Road, Penn
Wolverhampton WV4 4LF

Tel: 01902 332728

SPEAK AND BE HEARD

MINUTES OF O'50s FORUM HELD ON 18th AUGUST 2004
COMMITTEE ROOM 3 CIVIC CENTRE

Apologies: J Purshouse, J.Speakman, A. Morris, S.Griffiths, J.Rooney, P.O'Dowd, Mr & Mrs Gravestock, Mr & Mrs Gabb, Mr & Mrs Russell, G.Wade
A. Farmer, D. Walker, R.Jones, B.Davies, R.Powell.

Present: 25 members plus Barbara Nelson, Ian Peddie
Jill Henderson, Anne Pearce (Telford Senior Citizens Forum)

1. Speaker

Harm Gordyn - Falls Prevention Team

Harm and the team are based at Warstones Resource Centre and were set up in 1999. The team consists of a physiotherapist, two occupational therapists, a community nurse, admin assistant and two technicians who assist with aids and adaptations required in the home.

Only people aged 55 and over are eligible for the scheme and they must reside in Wolverhampton or their G.P must be located within the city.

People over the age of 75 have more falls with increased hospital admissions, some needing long term care afterwards. Monthly visits are available to the centre for strengthening exercises and patients are helped socially by meeting other people at the centre.

There is a trial scheme running at Parkfields Clinic with 'slipper exchange' as slippers are one of the main causes of falls.

There are provisions for different languages, unfortunately not for everyone but interpreters can be called in if required.

The group works with Age Concern and have close links with A & E. If anyone feels the need for advice on Falls Prevention they should make contact on 444502.

2. Minutes of the last meeting

The minutes of the last meeting were agreed as a true record proposed by A. Evans and seconded by R. Girdler.

3. Matters arising

The 20 mph speed limit did not appear to be enforced in the City Centre. Roy pointed out that the Community Police Officers were observing the situation. Brad suggested that this was more a matter for the Police Liaison Committee. Roy said that he was attending a meeting tomorrow and would bring the matter up.

4. Chairman's remarks

Brad thanked Marjorie and Roy for chairing the two meetings in his absence. He was in Coventry chairing the West Midlands Older Peoples Advisory Group meeting and in Ireland for a few days holiday.

5. Treasurers report

D. Walker was not available for today's meeting so there were no official figures but confirmation was given that all was well financially.

6. Correspondence

There was no correspondence.

7. Sub committee reports

Health

Marjorie explained her decision to resign from the Patients Forum, as she was dissatisfied with the way things were being run and the excessively high workload placed on her. The Forum Health sub committee would be meeting quite soon and members would be notified of time and place.

Loos

Still waiting for a report from Andrew Johnson re: toilets in Wolverhampton. It was pointed out that Chapel Ash toilets would not reopen. Jean mentioned an incontinence card that could be applied for contact the Helpline numbers: 0845 345 0165 or 020 7831 9381.

Transport

Date of next meeting: Tuesday August 24th 11.0am meeting room 1.

Public Safety

Date of next meeting: Thursday 26th August. 10.30am committee room 1.

7. AOB

Two items mentioned:

- Buses continue to drive through red traffic lights
- Not enough seats in the City Centre

Suggested that both items are taken up by the public safety committee.

Date of next meeting

10.00am Wednesday 15th September 2004.

Committee room 3, Civic Centre

**Speakers: Tony Brown – landlord services. Development of
Wolverhampton Homes**

Janine Tye – Direct payments